## MOTION BY SUPERVISOR DON KNABE

Diabetes is a deadly disease that affects one out of every 10 adults (about 400,000) residing in the County of Los Angeles. The disease costs employers an estimated \$20 billion dollars a year in reduced productivity and another \$2.6 billion in absenteeism.

Currently, there are 24 million people living with diabetes in the country and approximately 54 million individuals are considered pre-diabetes. More individuals succumb to diabetes every year than die from breast cancer and AIDS combined

Diabetes is on the rise throughout the nation. The American Diabetes

Association is leading the fight to curtail the growth of this deadly disease. The

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American Diabetes Association collaborates with many community-based organizations such as the Braille Institute, Latino Diabetes Association and the Black Women's Health Initiative to provide much needed information and services to at-risk residents, including more than 140,000 Latinos and 83,000 African Americans in the County.

Recent statistics show that diabetes is on the rise throughout the nation and the American Diabetes Association is leading the fight to curtail the growth of this deadly disease.

The premier fundraising event for the association is a 5-K, "Step Out Walk to Fight Diabetes," which will be held on Sunday, October 25, 2009, in downtown Los Angeles.

Proceeds from the event will be used to support vital research and education programs at academic institutions in the County, including the University of California at Los Angeles and the University of Southern California.

County employees also could benefit from the public awareness efforts led by the association to educate people about the risk factors associated with the disease and how to manage diabetes as part of a daily regimen.

I, THEREFORE, MOVE THAT THE COUNTY OF LOS ANGELES BOARD OF SUPERVISORS take the following actions:

1) Proclaim Sunday, October 25, 2009 as "Step Out Walk to Fight Diabetes

Day" throughout Los Angeles County and;

2) Request that the Wellness Coordinators within each County Department

publicize the event to colleagues and post promotional flyers and information about the

walk; and

3) Request that the Chief Executive Office, Office of Workplace Programs,

Internal Services Department, and the Departments of Health Services and Public

Health provide the necessary support for "Step Out Walk to Fight Diabetes Day;" and

4) Waive parking fees in the amount of \$850, excluding the cost of liability

insurance, for 50 cars to park at the Music Center on Thursday, September 10, 2009,

for the kickoff of "Step Out Walk to Fight Diabetes;" and

5) Reduce the parking fee to \$4, excluding the cost of liability insurance, for

use of Parking Lots 11, 17 and 26, for the American Diabetes Association's annual 5K

fundraising event; and

6) Encourage County Departments Heads and employees to support and

participate in "Step Out Walk to Fight Diabetes Day" on October 25, 2009.

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